AQUATICS PROGRAMS
OCTOBER 3RD – OCTOBER 29TH
Please be advised that all aquatic programs run on a 4 week basis

Registration deadline for swim classes is OCTOBER 9, 2016
Late registration fee of $10 after above date until OCTOBER 16, 2016

Progressive Swim Classes (6yrs – 12yrs):
4:15 – 5:00 pm: Tuesday – Advanced Only**
4:15 – 5:00 pm: Wed and Fri – All (ALL LEVELS)
5:15 – 6:00 pm: Mon, Tue, & Fri – All (ALL LEVELS)
9:30 – 10:15 am: Saturday – Beginner (Polliwog & Guppy)
10:30 – 11:15 am: Sat – Advanced Beginner + (Guppy etc)
**Participants must be invited to this session**

Pike Eel Ray Starfish (3yrs - 5 yrs):
*Parent participation NOT REQUIRED*
4:25 – 5:00 pm: Monday
6:05 – 6:40 pm: Tuesday
5:05 – 5:40 pm: Wednesday
5:05 – 5:40 pm: Thursday
12:25 – 1:00 pm: Saturday

Shrimp Kippers Inias Perch (6 months to 3yrs):
*REQUIRES parent participation*
9am – 9:30am: Saturday (Shrimp Kipper Inia Perch)

**Full Member price:**
Child Fees: Once per week (4 lessons) $40
Twice per week (8 lessons) $70

**Program Member price:**
Child Fees: Once per week (4 lessons) $50
Twice per week (8 lessons) $85

One Lesson - $17.50 each

Lifeguard Training:
OCTOBER 10 – 14, 2016
NOVEMBER 14 – 18, 2016
DECEMBER 12 – 16, 2016
4:30 – 9:30 pm: Monday through Friday
*Participant is required to make every class*

CPR:
OCTOBER 15, 2016
NOVEMBER 19, 2016
DECEMBER 17, 2016
9:30am – 2:30pm: Saturday

**Lifeguard training:** $400 (includes Lifeguarding/First Aid & CPR/AED)
**Lifeguard Recertification:** $300 (with valid (non-expired) lifeguard cert)
**CPR PRO:** $120 (includes CPR for 2 yrs) **CPR PRO Recert:** $100 (with non-expired cert)

$30 1 year program fee for all non members
Yonkers Family YMCA
17 Riverdale Ave
Yonkers, NY 10701
914-963-0183
Yoymca.org

Late registration fee of $10 after above date until OCTOBER 16, 2016

Lifeguards Training:
5:45 – 6:30 pm: Wednesday (All Levels)
11:30 – 12:15 am: Saturday (All Levels)

Adult Swim Class (17+):
5:45 – 6:30 pm: Wednesday (All Levels)
11:30 – 12:15 am: Saturday (All Levels)

**Full Member:**
Once per week $45 or Twice per week $80

**Program Member:**
Once per week $55 or Twice per week $95

One Lesson - $20 each

**Private Swim Lessons:**
Available upon request
30 min: $30/$20 for additional person per lesson*
45 min: $45/$30 for additional person per lesson*
1 hour: $60/$40 for additional person per lesson*

*This discounted price is for semi-private lessons only*

Buy 5 private lessons and get 1 private lesson free

Ex: 2 children for 45 min lessons together:
$225 (first child) + $150 (second child) for 6 lessons= $375

Water Aerobics:
9am – 9:45 am: Tuesday and Thursday
Full Members- $25 session ($10 per class)
Program Member-$40 session ($15 per class)

Please be advised that low enrollment will result in a class cancellation. Participants may be asked to switch days if this occurs.
Please make sure to thoroughly read this page

Participant name: __________________________________________Date of Birth: ________________

Address: ________________________________________________City____________________ State______ Zip_______

Home Telephone: ___________________________ Cell Phone: __________________________

Email: ___________________________________________ Ethnicity (optional): ________________

Emergency Contact Name: ___________________________ Phone: __________________________

Program enrolling for: __________________________________________

Day(s): __________________________________ Time(s): ______________

Dear Aquatic Participants:

Our Aquatics Programs are the BEST around Westchester. We are in the process of switching over to more educating and fun-filled programs that are guarantee to help you progress in the water in many ways. The Aquatics department has been working hard to prepare the proper and appropriate programs for swimmers and non-swimmers of all ages. We know that you and/or your children will enjoy it.

Below are some procedures and guidelines that we must inform you about prior to signing up.

1. Programs purchased for this session must be completed during this session and are not to roll over into the next month.

2. All aquatics programs run on a 4 week session. The dates on each registration form support this statement.

3. Participants that are more than 15 minutes late are not allowed to enter the swim lesson and will have to take a makeup class. **10 minutes for private lesson and SKIPPER participants.**

4. Please understand that we are teaching swim lessons in a progressive manner; please try not to miss any classes. Any classes missed must be made up within the CURRENT swim session. **There is a $7.50 fee for each makeup lesson, and there is a $10 fee for missed unexcused private lessons.** This also includes anyone who comes late for their allotted lesson.

5. Try to get to the class 10-minutes early and use the locker rooms. **Please don’t change your children on the deck.** There are locker rooms specifically for that purpose.

6. All participants must wear swim caps. Swim caps are for sale at the front desk for $3.50 (latex), $6.50 (polyester), or $8.50 (silicone). The YMCA sells swim goggles ($12, $15, & $18) and wet/dry towels ($10) as well.

7. Participants may not wear street clothes in pool area. **No Tee Shirts, Street Shorts, or Bikinis allowed. Bathing Suits Only. No Exceptions.**

8. **Participant must be a full member (not a program member) in order to receive full member discounted pricing.**

9. Please be advised that there is a **no refund policy.**

Thank you and we know you and/or your children will enjoy our classes.

Yonkers Family YMCA Aquatic Staff

By signing this form, I have read and agreed with this entire page, and I will follow all rules set by the Yonkers Family YMCA and release the Yonkers Family YMCA and its staff of any and all liability. The YMCA may also take pictures and videos of swim participants and accompanying adults that may be used for display and promotional purposes.

Print Name: __________________________________________________________________________ Relationship to participant: ______________________

Signature: __________________________________________________________________________ Date: ______________