



Member Service staff Initial: \_\_\_\_\_

# AQUATICS PROGRAMS

## November 27<sup>TH</sup> (Monday) – December 23<sup>RD</sup> (Saturday)

**Holiday Discount (\$10 OFF) has been applied ONLY for the Month of December Swim Lessons. HAPPY HOLIDAYS!**

Late registration fee of \$10 is applied if participant registers after November 11, 2017

**\*\*Registration for January lessons opens the 15<sup>th</sup> of December\*\***

### **Progressive Swim Classes (6yrs – 12yrs):**

**4:15–5:00 pm:** Wed, Thu, and Fri – All (ALL LEVELS)

**5:15–6:00 pm:** Mon, Tue, & Fri– All (ALL LEVELS)

**9:30–10:15am:** Saturday – Beginner

**10:30–11:15am:** Sat –Intermediate/Advance **ONLY**

### **Pike Eel Ray Starfish (3yrs - 5 yrs):**

**\*Parents participation NOT REQUIRED\***

**4:25 – 5:00 pm:** Monday

**6:05 – 6:40 pm:** Tuesday

**5:05 – 5:40 pm:** Wednesday

**5:05 – 5:40 pm:** Thursday

**12:25 – 1:00 pm:** Saturday

### **Shrimps Kippers Inias Perch (6 months to 3yrs):**

**\*REQUIRES parent participation\***

**9am – 9:30am:** Saturday (Shrimp Kipper Inia Perch)

#### **Full Member price:**

Child Fees: Once per week (4 lessons) \$30

Twice per week (8 lessons) \$60

#### **Program Member price:**

Child Fees: Once per week (4 lessons) \$40

Twice per week (8 lessons) \$70

**One Lesson - \$17.50 each**

### **Teen/Adult Swim Class (13+):**

**5:45 – 6:30 pm:** Wednesday (All Levels)

**11:30–12:15pm:** Saturday (All Levels)

#### **Full Member:**

Once per week \$35 or Twice per week \$70

#### **Program Member:**

Once per week \$45 or Twice per week \$85

**One Lesson - \$20 each**

### **Private Swim Lessons:**

**Available upon request**

**30 min: \$30/\$20** for additional person per lesson\*

**45 min: \$45/\$30** for additional person per lesson\*

**1 hour: \$60/\$40** for additional person per lesson\*

**Buy 5 private lessons and get 1 private lesson free**

**Ex: 2 children for 45 min lessons together:**

**\$225 (first child) + \$150 (second child) for 6 lessons= \$375**

**\*Separate registration form needs to be completed to register for private lessons\***

### **Water Aerobics:**

**8am-8:45am:** Tuesday and Thursday

**Full Members-** \$25 session (\$10 per class)

**Program Member-** \$40 session (\$15 per class)

### **Lifeguard Training:**

*Will resume in January*

### **Water Safety Instructor (WSI):**

*Will resume in January*

### **CPR:**

*Will resume in January*

**Please be advised that low enrollment will result in a class cancellation. Participants may be asked to switch days if this occurs.**

**All classes must be completed within the month. Classes cannot be rolled over to the next month.**

**Lifeguard training: \$400** (includes Lifeguarding/First Aid & CPR/AED)  
**Lifeguard Recertification: \$300** (with valid (non-expired) lifeguard cert)  
**CPR PRO: \$120** (includes CPR for 2 yrs) **CPR PRO Recert: \$100** (with non-expired cert)

**\$30 1 year program fee for all non members**

Yonkers Family YMCA  
17 Riverdale Ave  
Yonkers, NY 10701  
914-963-0183  
Yoymca.org

Updated 11/2/17

## Please make sure to thoroughly read this page

Participant name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Telephone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Email: \_\_\_\_\_ Ethnicity (optional): \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_ Phone: \_\_\_\_\_

**Program enrolling for:** \_\_\_\_\_

**Day(s):** \_\_\_\_\_ **Time(s):** \_\_\_\_\_

Dear Aquatic Participants:

Our Aquatics Programs are the BEST around Westchester. We are in the process of switching over to more educating and fun-filled programs that are guarantee to help you progress in the water in many ways. The Aquatics department has been working hard to prepare the proper and appropriate programs for swimmers and non-swimmers of all ages. We know that you and/or your children will enjoy it.

Below are some procedures and guidelines that we must inform you about prior to signing up.

- 1.** Programs purchased for this session must be completed during this session and are not to roll over into the next month.
- 2.** All aquatics programs run on a 4 week session. The dates on each registration form support this statement.
- 3. Participants that are more than 15 minutes late** are not allowed to enter the swim lesson and will have to take a makeup class. **10 minutes for private lesson and SKIPPER participants.**
- 4.** Please understand that we are teaching swim lessons in a progressive manner; please try not to miss any classes. Any classes missed must be made up within the **CURRENT** swim session. **There is a \$7.50 fee for each make up lesson, and there is a \$10 fee for missed unexcused private lessons.** This also includes anyone who comes late for their allotted lesson.
- 5.** Try to get to the class 10-minutes early and use the locker rooms. **Please don't change your children on the deck. There are locker rooms specifically for that purpose.**
- 6.** All participants must wear swim caps. Swim caps are for sale at the front desk for \$3.50 (latex), \$6.50 (polyester), or \$8.50 (silicone). The YMCA sells swim goggles (\$12, \$15, & \$18) and wet/dry towels (\$10) as well.
- 7.** Participants may not wear street clothes in pool area. **No Tee Shirts, Street Shorts, or Bikinis allowed. Bathing Suits Only. No Exceptions.**
- 8. Participant must be a full member (not a program member) in order to receive full member discounted pricing.**
- 9. Please be advised that there is a no refund policy.**

Thank you and we know you and/or your children will enjoy our classes.

***YMCA OF YONKERS Aquatic Staff***

By signing this form, I have read and agreed with this entire page, and I will follow all rules set by the Yonkers Family YMCA and release the Yonkers Family YMCA and its staff of any and all liability. The YMCA may also take pictures and videos of swim participants and accompanying adults that may be used for display and promotional purposes.

**Print Name:** \_\_\_\_\_ **Relationship to participant:** \_\_\_\_\_

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_