



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

AQUATICS PROGRAMS

JULY 28TH – AUGUST 23RD

NEW
SWIM
TIMES

**Registration deadline for swim classes is AUGUST 3, 2014,
Late registration fee of \$10 after above date until AUGUST 10, 2014**

Progressive Swim Classes (6yrs – 13yrs):

4:15–5:00 pm: Wednesday– Beginner (Polliwog & Guppy)
4:15–5:00 pm: Tue, Thu & Fri–All (ALL LEVELS)
5:15–6:00 pm: Mon, Tue, Thu & Fri– All (ALL LEVELS)
9:30–10:15am: Saturday – Beginner (Polliwog & Guppy)
10:30–11:15am: Sat –Intermediate (Guppy, Minnow, etc)
11:30–12:15am: Saturday – Advanced (Minnow, Fish, etc)

Pike Eel Ray Starfish (3yrs - 5 yrs):

Parents participation NOT REQUIRED

4:25 – 5:00 pm: Monday (PIKE EEL RAY STARFISH)
6:05 – 6:40 pm: Tuesday (PIKE EEL RAY STARFISH)
5:05 – 5:40 pm: Wednesday (PIKE EEL RAY STARFISH)
12:25 – 1:00 pm: Saturday (PIKE EEL RAY STARFISH)

Shrimps Kippers Inias Perch (6 months to 3yrs):

REQUIRES parent participation

9am – 9:30am: Saturday (Shrimp Kipper Inia Perch)

Full Member price:

Child Fees: Once per week (4 lessons) \$40
Twice per week (8 lessons) \$70

Program Member price:

Child Fees: Once per week (4 lessons) \$45
Twice per week (8 lessons) \$80

TEEN Swim Classes (13 to 17yrs):

5:45 – 6:30 pm: Wednesday (All Levels)
11:30–12:15am: Saturday (All Levels)

Adult Swim Class (17+):

5:45 – 6:30 pm: Wednesday (All Levels)
11:30–12:15am: Saturday (All Levels)

Full Member:

Once per week \$45 or Twice per week \$80

Program Member:

Once per week \$50 or Twice per week \$90

Private Swim Lessons:

Available upon request

30 min: \$25/ \$20 for additional child per lesson

45 min: \$35/\$27 for additional child per lesson

1 hour: \$45/\$35 for additional child per lesson

Inquire about our family private Lessons

Buy 5 private lessons and get 1 private lesson free

EX: 2 children for 45 min lessons together:

\$175 (first child) + \$135 (second child) for 6 lessons= \$310

Water Aerobics:

8am-8:45am: Tuesday and Thursday

Once a week- \$20

Twice a week- \$30

Lifeguard Training:

Will Begin again in the winter season

4:00 – 9:30 pm: Monday through Friday

***Participant is required to make every class**

CPR:

Will Begin again in the winter season

9:30am – 2:30pm: Saturday

**Please be advised that low enrollment
will result in a class cancellation.
Participants may be asked to switch days
if this occurs.**

Lifeguard training: \$400 (includes Lifeguarding/First Aid & CPR/AED 2 yrs)

Lifeguard Recertification: \$275 (with valid lifeguard card)

CPR PRO: \$120 (includes CPR PRO for 2 yrs) **First Aid: \$60 AED: \$40**

\$30 1 year program fee for all non members

Yonkers Family YMCA
17 Riverdale Ave
Yonkers, NY 10701
914-963-0183
Yoyomca.org

Please make sure to thoroughly read this page

Participant name: _____ Date of Birth: _____

Parent/Guardian Print Name (if necessary): _____

Full Address: _____

Home Telephone: _____ Cell Phone: _____

Emergency contact Name: _____ Phone: _____

Program enrolling for: _____

Day(s): _____ **Time(s):** _____

Dear Aquatic Participants:

Our Aquatics Programs are the BEST around town. We are in the process of switching over to more educating and fun-filled programs that are guarantee to help you progress in the water in many ways. The Aquatics department has been working hard to prepare the proper and appropriate programs for swimmers and non-swimmers of all ages. We know that you and/or your children will enjoy it.

Below are some procedures and guidelines that we must inform you about prior to signing up.

- 1.** Programs purchased for this session must be completed during this session and are not to roll over into the next month.
- 2. Participants that are more than 15 minutes late** are not allowed to enter the swim lesson and will have to take a makeup. **10 minutes for private lesson and SKIPPER participants.**
- 3.** Please understand that we are teaching swim lessons in a progressive manner; please try not to miss any classes. Any classes missed must be made up within the **CURRENT** swim session. **There is a \$5 fee for each make up lesson** (SKIP participants do not have a makeup lesson being that there is only one class), **and there is a \$10 fee for missed unexcused private lessons.** This also includes anyone who comes late for their allotted lesson.
- 4.** Try to get to the class 10-minutes early and use the locker rooms. **Please don't change your children on the deck.** **There are locker rooms allotted for that purpose.**
- 5.** All participants must wear swim caps. Swim caps are for sale at the front desk for \$3.50, \$6.50, or \$8.50. The YMCA sells swim goggles and swim towels (wet/dry towels) as well.
- 6.** Participants may not wear street clothes in pool area. **No Tee Shirts, Street Shorts, or Bikinis allowed. Bathing Suits Only. No Exceptions.**
- 7. Participant must be a full member (not a program member) in order to receive member discounted pricing.**
- 8. Please be advised that there is a no refund policy.**

Thank you and we know your children will enjoy our classes.

Yonkers Family YMCA Aquatic Staff

By signing this form, I have read and agreed with this entire page, and I will follow all rules set by the Yonkers Family YMCA and release the Yonkers Family YMCA and its staff of any and all liability. The YMCA may also take pictures and videos of swim participants and accompanying adults that may be used for display and promotional purposes.

Signature: _____ **Date:** _____